What to Expect the Day of Adolescent Admission to CADAS Scholze Center

Location:

All admissions will take place at our CADAS Admission Department located at: <u>205 Minor St, Chattanooga, TN 37405</u>

<u>Appointment Time</u>: Please arrive at your designated appointment time. The appointment time is Eastern Standard Time (EST). Any appointments later than 15 minutes past your designated time may be turned away and rescheduled for another day.

<u>Time to Allow for the Admission Process</u>: The entire Admission process will take approximately <u>3 to 4 hours to complete</u>. Please allow enough time to complete the process. If you are unable to stay for the entire process, you will have to reschedule for another day when you are able to do so. The admission process will take approximately <u>2</u> hours to complete, and the Scholze Orientation process will take approximately <u>1</u> hour after admission.

<u>Who needs to accompany the client</u>? A legal parent/guardian <u>must</u> accompany all adolescent clients. This parent/guardian must be present to co-sign admission paperwork and assist with the admission process. If a legal parent/guardian is not able to be present due to medical or other emergency issues, another adult family representative must come with appropriate signed documentation (by the legal guardian or the courts) stating they have been given authority to sign admission paperwork and admit the client into treatment.

TN Care Transportation:

If the client receives TNCARE, some families who do not have transportation can seek assistance through TNCARE transportation. This must be set up by the family and the number for this service can be found on the back of your TNCARE insurance card. If you cannot locate the number, you may call <u>1-866-405-0238</u>. Transportation must be set up at least <u>3 days prior to your appointment time</u>.

You must set up transportation to both the 1) Admission department location (205 Minor St, Chattanooga, TN 37405) as well as the 2) Scholze Center location (911 Pineville Rd, Chattanooga, TN 37405) where you will travel to after your admission process is complete. You <u>must</u> provide TNCARE transportation of both addresses and inform them of the appointment time. Transport needs to be informed that you may be turned away from your appointment time if you are late. They also need to know that they must wait during the 2 hour admission process to take the family over to the Scholze Center.

How long will my child be in treatment? Treatment is individually based and treatment stay will be dependent on client's willingness to participate, compliance with rules of the facility, meeting behavioral expectations during treatment stay, and weekly progress with treatment goals. Average length of treatment stay is typically 30 to 45 days, however, can be up to 60 days in some cases.

<u>What can I expect from treatment</u>? While in treatment, your child will work collaboratively with their counselor to establish treatment goals during their stay pertaining to their substance use, education, legal barriers, and any mental health issues. They will receive weekly individual & required family counseling as well as daily small groups, lectures, life skill education, and other educational activities.

The Scholze Center is a <u>structured treatment program</u> where your child will be required to follow a daily activity schedule. They will also be required to follow a 4 level behavioral system where they can earn privileges such as phone calls, family visitation (on Sundays), field trips, and other privileges. Please note, that your child will not be able to make phone calls or have visitation the first week of treatment, however, there will be contact during the required family therapy sessions.

Your child's safety is our number one priority. The Scholze Center is <u>not a locked-down facility</u>. This means that your child may be able to walk out of the facility if they so choose, however, to ensure their safety, local law officials will be contacted and your child will be reported as a runaway.

What if my child needs detox? The Scholze Center is not a detox facility. All clients need to be abstinent from those substances that require detox such as Opiates and Benzo's for a total of 3 to 4 days before coming in to treatment. If your child needs to be detoxed, we require that you take them to TC Thompson Hospital or your local hospital in your area in order to be medically cleared for treatment.

<u>What about my child's prescription medications</u>? All prescribed medications that your children are currently prescribed need to be <u>brought with you in the original pill bottle or container</u> on the day of admission. Any special instructions from the doctor for these medications also need to be included with them.

<u>What else do I need to bring at time of admission</u>? Please bring a copy of the client's social security card, identification card, and insurance card (both sides).

We look forward to seeing you on admission day! CADAS Scholze Center Team